## Personal and Family Prayer.

In this time of crisis, we are providing Catholics with access to a range of resources for personal and family prayer. In particular, we hope that Catholics in social isolation can gain a sense of prayerful solidarity with their local school and parish communities and the whole Body of Christ.

Feel free to print resources and give them to your friends, family and community, particularly those who do not have access to the internet. The resources available include:

- Access to the daily readings
- Access to the daily Missal texts
- Sunday Prayer Services (Liturgy of the Word and weekly prayer sheets)
- Scripture commentary, homily and reflection for Sunday and Special Feasts
- Sunday Prayer of the Church
- Sunday Universal Prayer
- General prayer traditional, prayers to Our Lady and litanies
- Sunday Gospel based children's activities and word games

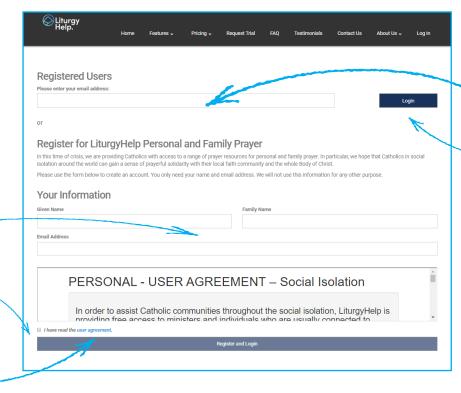


## **Diocese of Arlington**

To access these free resources, go to: liturgyhelp.com/usa/arlington/pray

## Register as a new user

Complete
your details
(name
& email
address),
confirm
the user
agreement,
and click
'Register and
Login'.



## Registered already?

Just enter your email address and click 'Login'.



