Personal and Family Prayer.

In this time of crisis, we are providing Catholics with access to a range of resources for personal and family prayer. In particular, we hope that Catholics in social isolation can gain a sense of prayerful solidarity with their local school and parish communities and the whole Body of Christ.

Feel free to print resources and give them to your friends, family and community, particularly those who do not have access to the internet.

The resources available include:

- Access to the daily readings
- Access to the daily Missal texts
- Sunday Prayer Services (Liturgy of the Word and weekly prayer sheets)
- Scripture commentary, homily and reflection for Sunday and **Special Feasts**
- Sunday Prayer of the Church
- Sunday Universal Prayer
- General prayer traditional, prayers to Our Lady and litanies
- Sunday Gospel based children's activities and word games



Diocese of Helena

To access these free resources, go to: liturgyhelp.com/usa/helena/pray

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Complete	Please use the form below to create an account. You only need your name and email address. We will not use this information for any other purpose.	
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the user	In order to assist Catholic communities throughout the social isolation, LiturgyHelp is	
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For help, ideas and updates, follow us: facebook.com/LiturgyHelp

